

# 7

## Tips for Turning Listeners into Learners

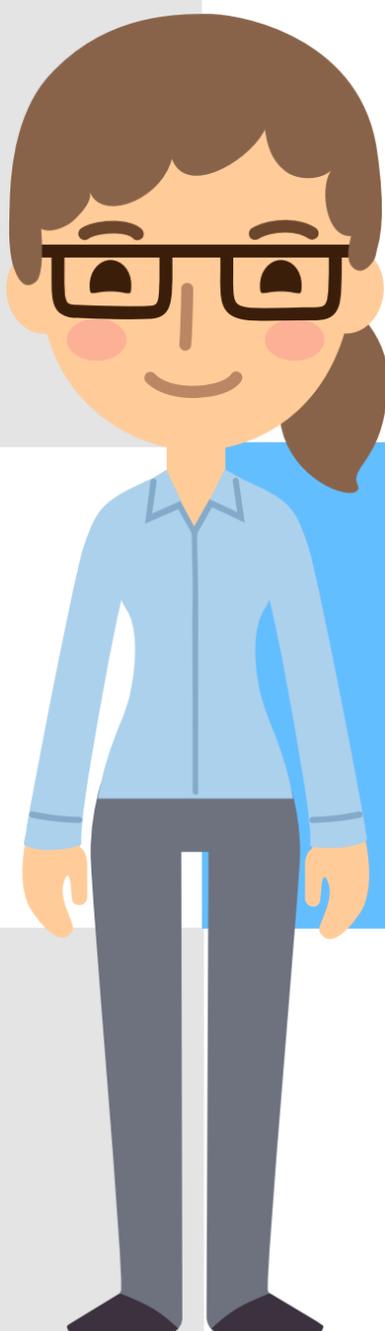
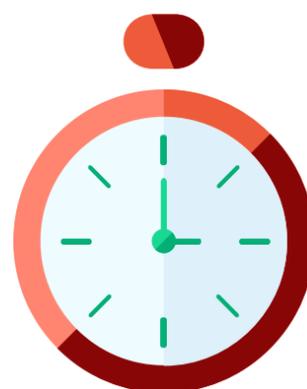
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Note: The activities listed in the tips below can be found on [www.Bowperson.com](http://www.Bowperson.com).

### 1 Use the 10-Minute Rule.

Divide your content-delivery into segments of about 10-minutes in length. Between each segment, do a 1-minute learner-review of the information you've just covered. Use a Pair-Share, Think-and-Write, or Stand-Stretch-Speak.



### 2 Open with Connections.

Connect learners to each other and to the topic with a short (1 - 5 minute) connection activity that will do both. Use a Standing Survey, Table Group Discussion, or Wall-Chart Writing.



### 2

### 3 Close with Celebration.

After learners have filled out evaluations, be sure to close with a 1 - 5 minute celebration activity that ends the training on a high-energy note. Use a Ball Toss (see below), Walkabout, Pop-Ups, or Group High-Fives.



### 4 Always Mark the Middle.

Make sure you pause in your content-delivery to give learners enough time to write the major points or summary statements on a Graphic Organizer or other visual note-taking handout (NOT a copy of the slides). Do an Internet search for "Free Graphic Organizers."

### 4

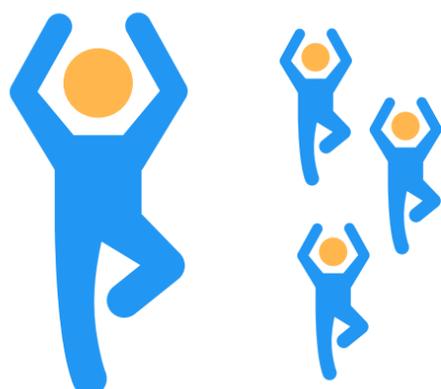
### 5 Let Experts Shine.

Most learners like having a chance to be the "expert" in the class and will willingly share their content-related knowledge or experience. Give them opportunities to do so (you can set time-limits for these whole-class or table-group discussions).



### 6 Lead a Body Break.

Movement increases oxygen to the brain and body. Pause in your content-delivery to have everyone take a quick, physical stretch. Do a Stand-Stretch-Speak, Bend-Breathe-Write, Sit-Stretch-Speak, or Sitting-Jumping-Jacks (using just arm movements).



### 6

### 7 Toss It Around.

For a fun, topic-related break, or for a closing activity, have learners form a standing circle and toss a Koosh ball or other soft, throwable object around the circle. Whoever catches the ball shares something they learned or how they plan to use what they learned.

