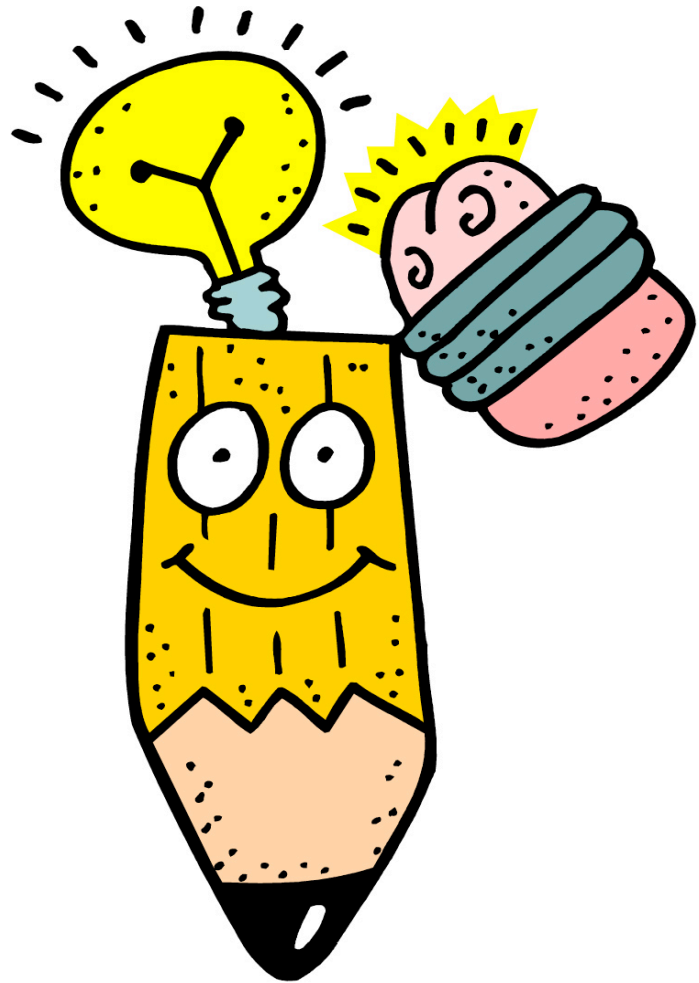


TPNS welcomes you to:

# What's The Brain Got To Do With It?

## *Parenting Your Child's Brain*

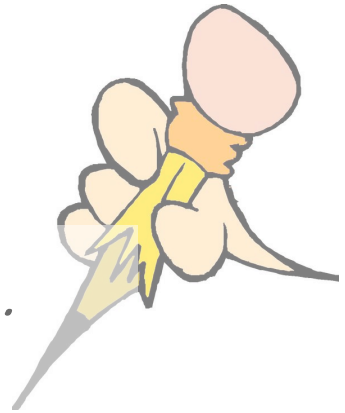


Your guide-on-the-side is:  
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Bowperson Publishing & Training, Inc.

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SBowperson@gmail.com  
P.O. Box 564, Glenbrook, NV 89413  
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*Notes ...*



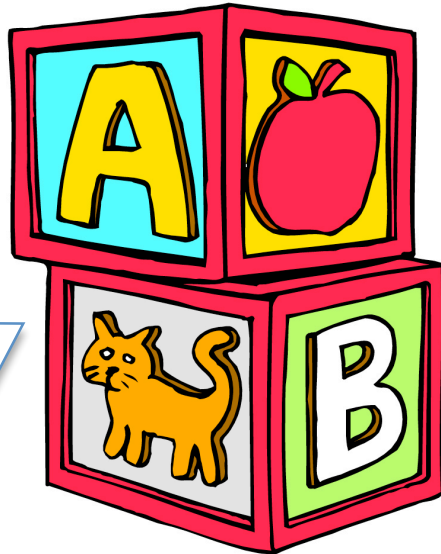
*“Making a decision to have a child is to decide forever  
to have your heart go walking around outside your body.”*  
Elizabeth Stone

1.

2.

3.

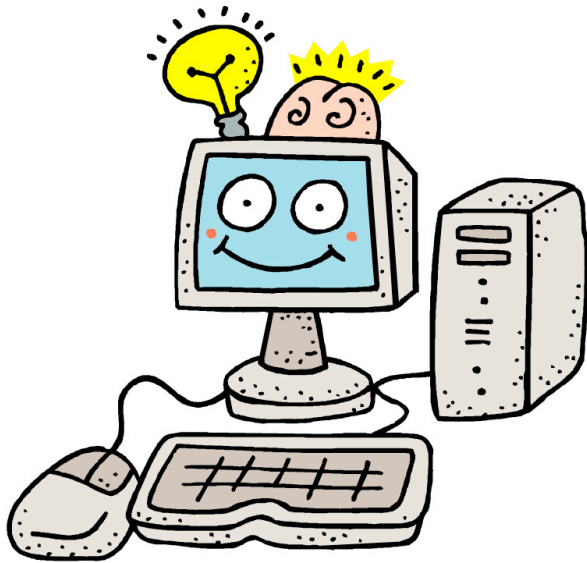
4.



### 5 Parenting Tips

Adapted from: *Brain Rules for Baby*  
by John Medina  
(available on [www.amazon.com](http://www.amazon.com))

5.



1. Every brain is wired differently.
2. Daily experiences change the brain.
3. The brain's day job is safety first.
4. The brain craves relationships.
5. Emotions are the brain's Post-It notes.
6. Behavior is a choice; emotions are not.
7. Labeling emotions calms big feelings.
8. What is obvious to you is obvious to you.

Adapted from: *Brain Rules for Baby*  
Author: John Medina

## Resources to Explore

These resources offer a variety of information on parenting and the development of the human brain.

### Websites

[www.brainrules.net](http://www.brainrules.net)

Author John Medina's website

[www.zerotothree.org](http://www.zerotothree.org)

National Center for Infants, Toddlers, and Families

[www.allthrive.org/resources/infant-brain-development](http://www.allthrive.org/resources/infant-brain-development)

Article from a Montana-based parenting website – see the “Parent Place” link on the website homepage.

### Books

**Brain Rules for Baby. How to Raise a Smart and Happy Baby from Zero to Five.**

(2010) John Medina

**Brain Rules.** (2008) John Medina

**Brain-Based Learning.** (2000) Eric Jensen

**A Celebration of Neurons.** (1995) Robert Sylwester

**How the Brain Learns.** (2006) David Sousa

**Using Brain Science to Make Training Stick. 6 Learning Principles that Trump Traditional Teaching.**

(2011) Sharon Bowman



